

## EQUIPMENT LIST – BA ACTING & PHYSICAL THEATRE

The following list is intended to give you some guidance around how best to equip yourself to participate in a range of classes and activities. Costs listed below are indicative based on our research, however it is suggested that you shop around to find the most cost-effective option.

For r	ehearsal	Approx. cost		
1.	At least three black T-shirts or vests – no logos or coloured stitching	£8 (per item)		
2.	One black long-sleeved top (for colder weather) – no logos or coloured stitching	£10		
3.	2-3 pairs of black tracksuit bottoms and/or leggings – no logos or coloured stitching	£10-£15 (per item)		
4.	One pair of dark suit trousers (males and females) - not too tight so you can move in them	£25		
5.	A loose, dark character skirt	£30		
6.	Leather character shoes (males and females)	£25		
7.	A pair of running shoes/trainers	£30		
Notional total cost for rehearsal £159+				

Clothing should not be too baggy, so we can see the line of the body and trouser bottoms should not drag on the floor. Hair should be off the face. For safety reasons, all jewellery and piercings must be removed, and no make-up is to be worn for class.

For general equipment and consumables		Approx. cost
1.	Yoga mat (thin with grip)	£15
2.	Basic stationery (glue, sellotape, scissors, writing pads, loose-leaf files, felt tip pens, document display folder, A4 clear plastic sleeves, etc.)	£15

Notional total cost for general equipment and consumables £36		£36
3.	Two A4 hard-backed, lined workbooks	£3 (per item)

For expenditure related to your studies Approx.			
1.	1. We suggest you put some funds aside each year to pay for theatre trips and small course-related expenses. It is expected as part of your training that you watch and review at least one professional production each term; this can include professional shows scheduled at the Clifftown Theatre in Southend, or you could take advantage of the reduced rates for students at both local and London-based theatres.		
2.	. Key texts		
	We recommend that you purchase copies of the following texts:		
	<ul> <li>The Moving Body by Jacques Lecoq - published by Methuen Drama £15.29</li> </ul>		
	<ul> <li>Actions The Actors Thesaurus by Marina Caldarone and Maggie Lloyd-Williams - published by Nick Hern Books £9.99</li> </ul>		
	These are available in the library, although copies are limited and students find it useful to be able to annotate texts.		
Notio	Notional total cost for expenditure related to your studies £145.28		

For students intending to pursue work in the industry, we recommend the following professional investments. These expenses typically become relevant towards the end of Year 2. Indicative costs are subject to change and are listed in addition to published figures for 'additional course costs'.

For additional professional costs (for 3 <sup>rd</sup> year only)		Approx. cost
1.	Headshots	£50 - £150
2.	Equity Membership	£24 (per year)
3.	Spotlight Membership	£114 (per year)
Not	tional total cost for additional professional costs	£300+