



VOICE PREPARATION FOR CERT HE ACTING FOR STAGE & SCREEN (LOUGHTON)

Dear Cert HE (Loughton) students,

Christina Gutekunst here, Head of Voice at East 15 (Loughton).

I hope this finds you well! We at East 15 are looking forward to having you train with us!

I am sending you something to prepare for your voice work in the Autumn Term. I am doing this on behalf of your voice teacher, Jonathan Mulquin, who is looking forward to working with you soon:

You will start with your vocal identity as a powerful resource in training and performance, and from there work on Shakespeare sonnets as a vehicle to build your voice through text.

As part of celebrating the **authentic and unique voice** in you, please be ready to share and perform a short speech or text of your choice, telling a story **you want to tell** in one of the first voice sessions with me, in autumn.

It could be something you have written yourself, a speech from a play you identify with/want to explore or a poem. It should be one minute long.

Speak it in your own accent. Embrace your accent and your voice. Speak in the way you need to speak to tell the story of your chosen text. Know who you are speaking to and how you want to change them through the words.

If you are a speaker of English as a second language, you can also speak the text in your own language as well as in English if you wish.

Best wishes for an exciting beginning of training,

Christina Gutekunst
Head of Voice (Loughton),
East 15 Acting School | University of Essex