



EQUIPMENT LIST

The list below is intended to help you prepare for a variety of classes and activities. We have provided approximate costs based on our research, but we recommend shopping around to find the most affordable options.

Clothing for rehearsal		Approx. cost
1.	At least three black T-shirts or vests – no logos or coloured stitching	£8 (per item)
2.	One black long-sleeved top (for colder weather) – no logos or coloured stitching	£10
3.	2-3 pairs of black tracksuit bottoms and/or leggings – no logos or coloured stitching	£10 (per item)
4.	A pair of basic black trainers or running shoes. These will be used as part of your required costume for Motion Capture and the shoes will be permanently damaged by the process. Please try to avoid shoes with reflective elements as part of their design.	£40
Notional total cost		£104+

Clothing should not be too baggy so we can see the line of the body and trouser bottoms should not drag on the floor. Hair should be off the face. For safety reasons all jewellery and piercings must be removed.

For general equipment and consumables		Approx. cost
1.	Yoga mat	£15
2.	Basic stationery (writing pads, loose leaf files, pens/pencils, document display folder, A4 clear plastic sleeves etc.)	£15
3.	One A4 hard backed, lined workbook	£3 (approx.)
4.	1 x 32GB or 64GB SD Card or usb flash drive (to copy and store digital footage)	£15/£30
Notional total cost for rehearsal/acting classes		£36

For expenditure related to your studies		Approx. cost
1.	We suggest you put some funds aside each year to pay for cinema visits and small course-related expenses. We would like you to see at least one professional production each term, which could include professional shows scheduled at the Lakeside Theatre. Where students are involved in performances (related to their course) at locations other than East 15, where possible we will provide support with transport to and from the venue. However, students may, on occasion, be required to fund their own transport.	£120
2.	Key texts We recommend that if you can, read copies of the following texts. These are available in the library both online and hard copies. • Respect for Acting by Uta Hagen. Please read chapters 22-27; a digital version is available online through the University of Essex Library website. • The Moving Body by Jacques Lecoq, published by Bloomsbury. Please read the first 3 chapters; a digital version is available online through the University of Essex Library website. • Performing for Motion Capture: A Guide for Practitioners by John Dower and Pascal Langdale, published by Bloomsbury. Please read the first 4 chapters; a digital version is available online through the University of Essex Library website. • Secrets of Screen Acting by Patrick Tucker and John Stamp, published by Routledge. Please read the first 3 chapters; a digital version is available online through the University of Essex Library website. • The Art of Voice Acting: The Craft and Business of Performing Voiceover by James R. Alburger, published by Focal Press. Please read the first 3 chapters; a digital version is available online through the University of Essex Library website. • Laban's Effort in Action: A Movement Handbook for Actors by Vanessa Ewan and Kate Sagovsky, published by Methuen.	£30.00
Notional total cost for expenditure related to your studies		£154

ADDITIONAL DIGITAL MEDIA EQUIPMENT LIST

We recommend all students begin acquiring equipment to assist in the filming of self-tape auditions and recording voiceover self-tapes, which will be a significant and ongoing element of your training in this course. We will discuss which brands, models, etc. you should consider purchasing in class, so feel free to wait until classes commence before beginning to acquire this equipment. **Please note that these investments can be made gradually throughout your training, but the earlier you are able to acquire them, the better.**

For additional equipment costs		Approx. cost
1.	Camera Tripod	£25
2.	Smartphone Tripod Mount	£10
3.	Mini-Shotgun Directional Microphone / or Lavalier mic for lower budget option	£60 / £20
4.	2 x Dimmable LED Camera Lights	£25 (each)
5.	Microphone Pop Filter	£6
6.	Smartphone to 3.5mm female audio adaptor cable	£3
Notional total cost		£179+

For students intending to pursue work in the industry, we recommend the following professional investments. Indicative costs are subject to change and are listed in addition to published figures for 'additional course costs'.

Additional costs		Approx. cost
1.	Headshots*	£150 - £250
2.	Equity Membership	£18.25 (per year)
3.	Spotlight Membership*	£130
4.	Voice Reel	£75
Notional total cost for additional professional costs		£350.00

*Please note that you will need some form of a professional headshot and your Spotlight page active by the start of term 2. This is for using on the East 15 website final year student page that is live from Jan 2027. You will not need your final online showcase headshot until August 2027.