The first exercises we will be exploring involve a personal object that has strong emotional connections and meaning for you. It can be anything you like. You will need to be able to bring it with you in the first week of classes.

**SUGGESTED READING**

To support your preparation for study at East 15, we suggest that you select two or three titles from the reading list below:

- Barton, John | *Playing Shakespeare* | Methuen 1984
- Berry, Cicely | *The Actor and the Text* | Virgin 1992
- Brook, Peter | *The Empty Space* | Penguin 1968
- Cannon, Dee | *In-Depth Acting* | Oberon Books 2012
- Gillett, John | *Acting on impulse* | Methuen 2008
- Gutenkunst, C. & Gillett, J. | *Voice into Acting* | Bloomsbury Methuen 2014
- Hagen, Uta | *A Challenge for the Actor* | Scribner 1991
- Hagen, Uta | *Respect for Acting* | Macmillan 1973
- Linklater, Kristin | *Freeing Shakespeare’s Voice* | Nick Hern 2010
- Littlewood, Joan | *Joan’s Book* | Methuen 1994
- Mitchell, Katie | *The Director’s Craft* | Routledge 2009
- Rowles Haydn J & Sharpe, E | *How to Do Accents*