



ESSENTIAL READING

For your work in Physical Theatre you will be required to have access to the following texts. These are available in the library, although copies are limited and students find it useful to be able to annotate texts, so we recommend that you purchase your own copies:

- **The Moving Body: Teaching Creative Theatre** by Jacques Lecoq published by Methuen. This will be a useful tool throughout your training, as much of the course is based on Lecoq's teachings.
- **Physical Theatres: A Critical Introduction** by Simon Murray and John Keefe, published by Routledge. Before you start you will need to read Chapter 3 'Contemporary Practices' and Chapter 4 'Preparation and Training'. This will be necessary for the work you cover in Contextual Studies through 1st and 2nd year. A number of copies are available in the Forum Library.
- **Actions: The Actor's Thesaurus** by Marina Caldarone and Maggie Lloyd-Williams, published by Nick Hern Books.

Please note that, in addition to the above, throughout the course you will be required to buy or loan play scripts if needed for Character/Acting or Contextual Studies.